Stepping foot on to labour ward as a trainee can be daunting. This seminar is aimed primarily at ST1-2 trainees and intended to provide those approaching, or in the early stages of, their first obstetric block, with the knowledge and confidence to deal with regional analgesia and anaesthesia on labour ward.

The seminar includes presentations, group discussions and practical exposure to different equipment and supervised practice inserting epidurals and spinals using manikins

** Now in its 5th year – feedback from previous years: 100% excellent/good **

Programme

10am – 12.30am Presentations

- Anatomy  
  Dr Suni Halder
- Different techniques  
  Dr Rebecca Smith
- Walk through epidural & asepsis  
  Dr Jonathan Springett
- Walk through CS  
  Dr Jessie Hoyle
- Topping up epidurals  
  Dr Guy Jackson
- Glass spine  
  Dr Guy Jackson

12.30 – 1.15pm

Lunch

1.15pm- 4pm Hands on and group discussions

- Hands on practical skills  
  Dr Jessie Hoyle, Dr Rebecca Smith & Dr Jonathan Springett
- Troubleshooting 1  
  Dr Guy Jackson
- Troubleshooting 2  
  Dr Emily Robson

4pm-4.30pm

- Medicolegal aspects  
  Dr Steve Yentis

Final questions and summary

Registration fees: AAGBI Trainee Members £30, Non Members £100
Book via the AAGBI website: www.aagbi.org

For any further information needed please contact the Events team 020 7631 8804/8862