

# Association Award

## Dr Lyndsey Forbes



I am delighted to write this citation for Lyndsey Forbes who is demitting office from the Association of Anaesthetists Trainee Committee. Lyndsey was elected to the Trainee Committee in 2014 and has served a full term of office. Having trained in Tayside, she is now an ST7 trainee and has just returned to Dundee after a fellowship in paediatric anaesthesia in Manchester. Her CCT arrives in the near future and we wish her every success in deciding on her future employment as a consultant with a special interest in paediatric anaesthesia. It's only recently that I have learned how pressured our soon-to-be-CCT'd trainees feel when we, their trainers and colleagues, ask endless questions about where they might choose to work. The fact is, they are qualifying in a time of national workforce shortage and the world is their oyster – Brexit concerns understood.

We need to make it so that our colleagues want to stay with us post-CCT and that is a challenge to us all.

While on the Trainee Committee Lyndsey has been active across a breadth of committee activities. She has played an active role in the work of the Association's Education Committee and as well as that she organised the very successful trainee session during Edinburgh's Annual Congress in 2015. Having a flare for organising, education and being a trainee heading towards CCT all added up to Lyndsey organising the consultant interview seminars for a year. To trainees in particular these are a source of support and comfort, reassurance and best of all, inspiration. These events are high up the list of best-sellers at the Association and our thanks go to Lyndsey for all her effort. In addition, the GAT ASM in Scotland 2018 was a highlight in the Association's calendar and Lyndsey was an integral part of the successful organising committee.

Joining the Trainee Committee at ST3 has meant that Lyndsey has had the longevity in office to realise many of the opportunities that the Trainee Committee has to offer. She was a Working Party member on the Day of Surgery guidelines document where she gained experience in team working, policy development and writing practice guidelines.

Although it sounds as though the net gain is all on the Association Council's side, the value, benefits, rewards of being a Trainee Committee member would be something Lyndsey would extol. The committee experience of being asked for and providing the trainee view, working collaboratively on specialty guidance and collating specialty view has provided experience and maturity which Lyndsey will take with her into her future career. She doesn't miss much.

The Trainee Committee as a group has embraced the mentoring programme and Lyndsey has completed the training and is now providing support to colleagues in this role. And if this wasn't enough she is currently the Trainee Committee representative on the ESA Committee and the ESA Guideline Committee. Her reward has been the pleasure of organising the Euroanaesthesia paediatric anaesthesia session for 2019.

So, let's celebrate that amongst all these credible activities Lyndsey has also completed her FRCA (she even found time to write about the experience) and addressed all the competences required for the CCT in anaesthesia. For all of these achievements and because she is an excellent colleague, I have the greatest of pleasure in presenting her for the Association Award.

**Dr Kathleen Ferguson**  
President-Elect