

# Life as a Less Than Full Time Consultant

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- My LTFT Consultant job
- Survey of LTFT Consultants at RWT
- My personal pros and cons.

# My LTFT Consultant post

- Appointed 1993 Burton on Trent – opportunity 2000
- 1995 Wolverhampton 6/11 contract
- New contract (2003/4) 5.5 – 8 PA

# My job plan

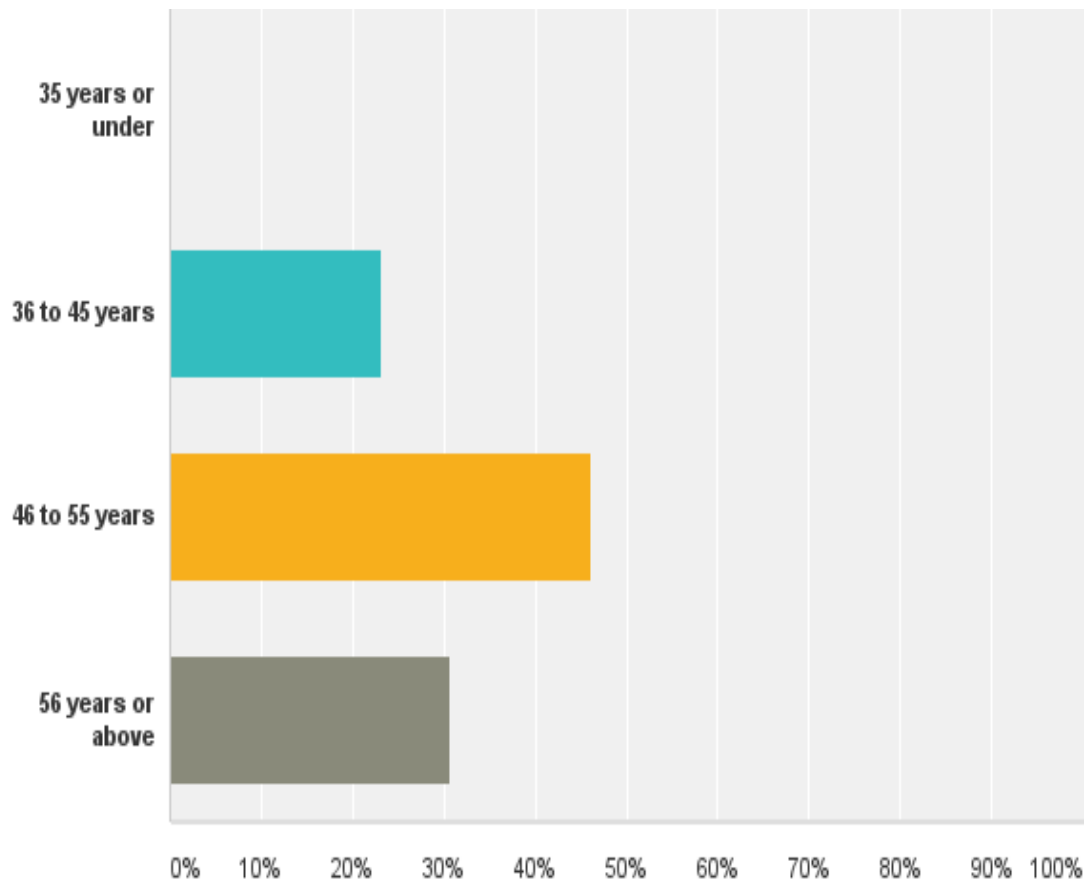
- Many variations in 20 yrs
- ITU - trauma - no on call
- Currently 2.5 PA theatre sessions
  - 1.5 general admin/revalidation PA
  - 1 PA simulation teaching
  - 0.5 PA LTFT RA and ed supervisor

# LTFT Consultant survey RWT

- Sent to 300+ consultants via consultant committee email list.
- How many LTFT HR ??
- 13 responses (about 50%)

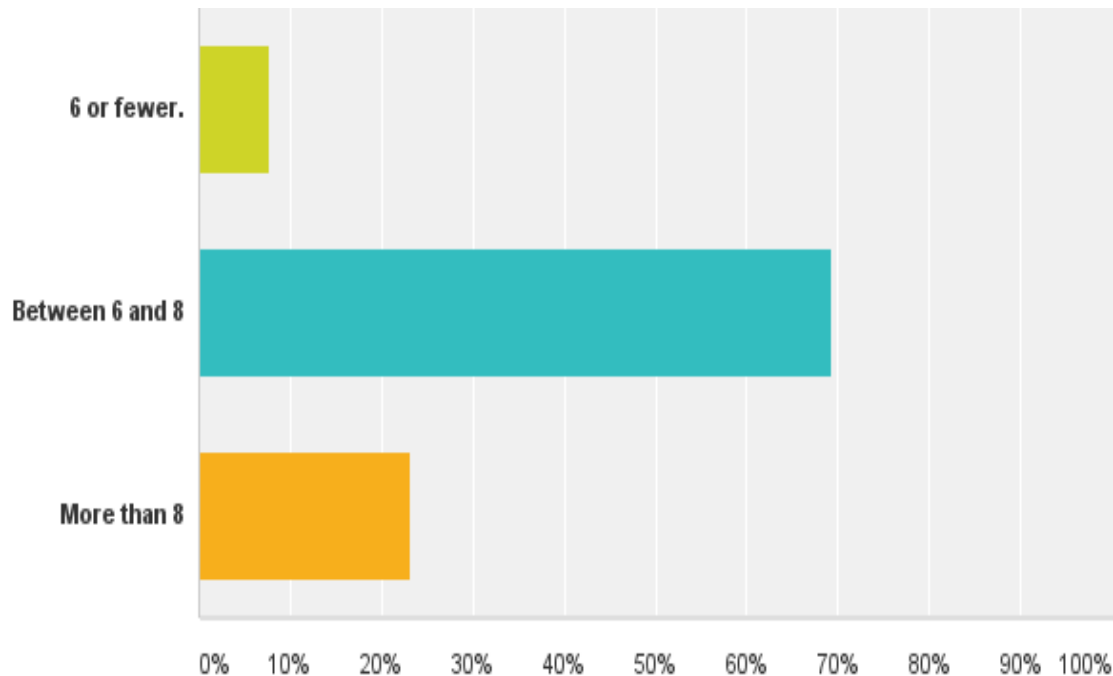
# Q1: How old are you currently?

- Answered: 13 Skipped: 0



# Q2: How many PAs a week do you currently work?

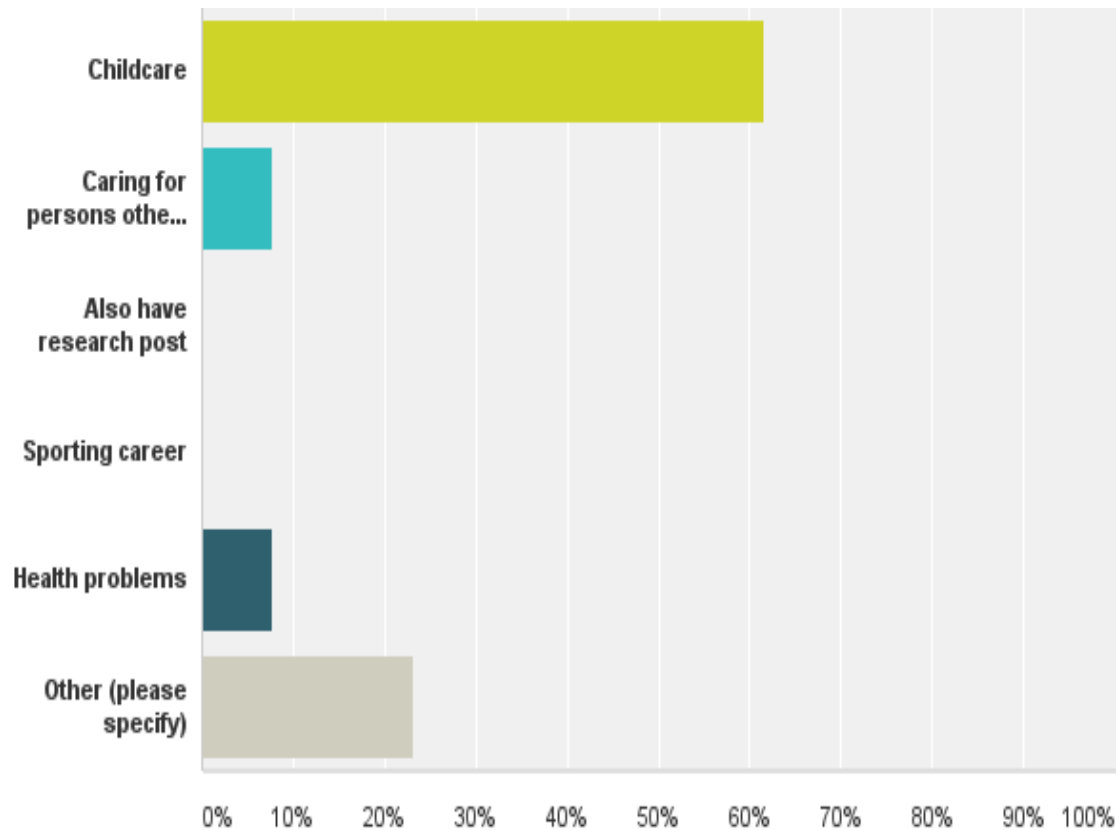
- Answered: 13 Skipped: 0





# Q3: What is your main reason for working LTFT.

- Answered: 13 Skipped: 0

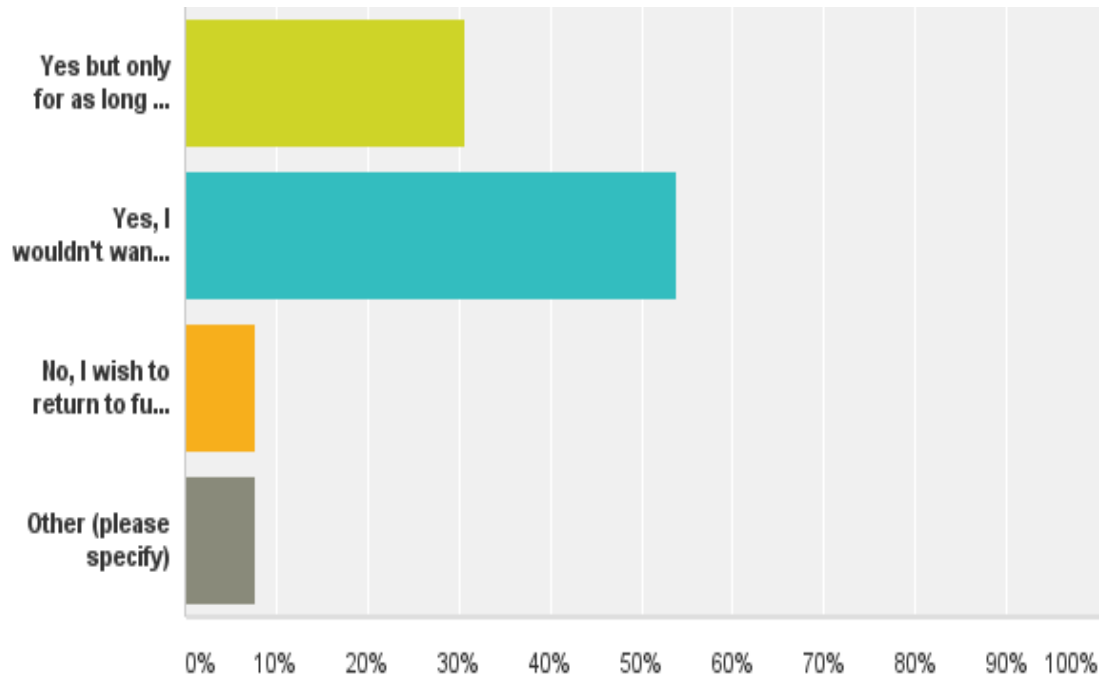


# “Other”

- winding down to retirement
- Could no longer control one of my out of control outpatient clinic
- Retired and returned to work

# Q4: Do you intend to carry on working LTFT?

- Answered: 13 Skipped: 0

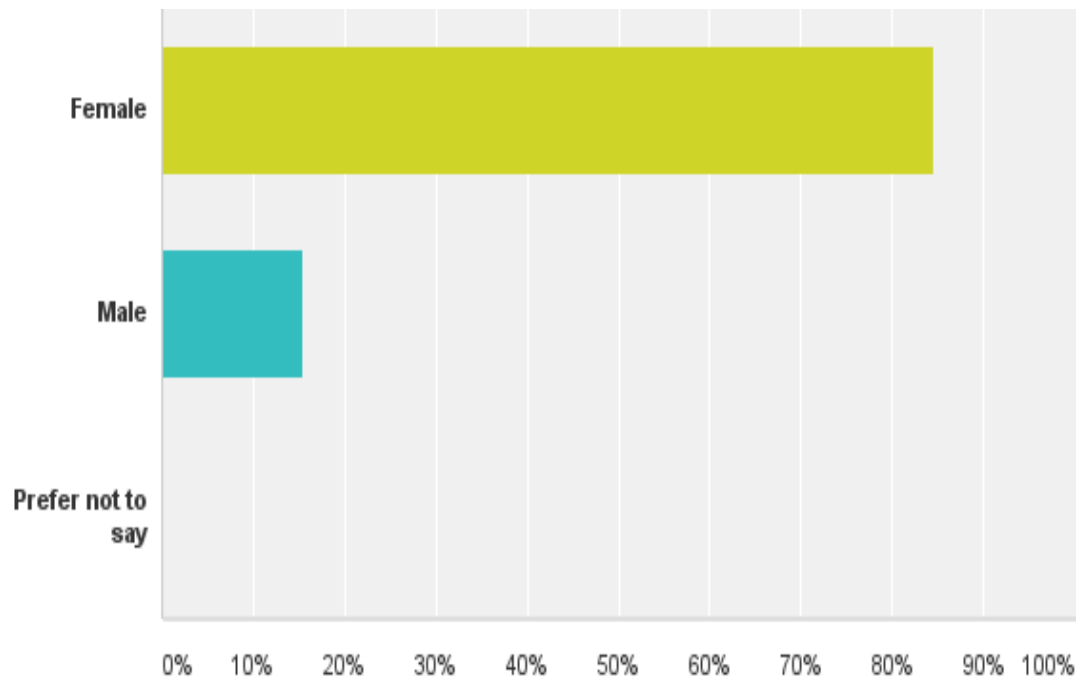


# Other

- Until I take full retirement

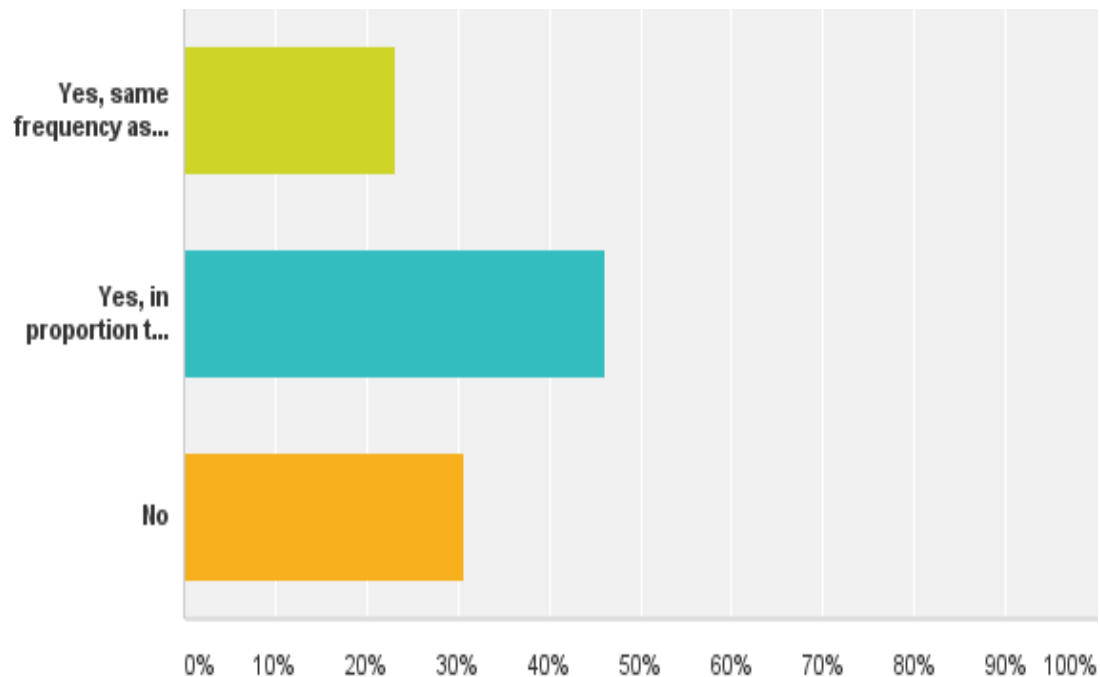
# Q5: What is your gender?

- Answered: 13 Skipped: 0



# Q6: Do you participate in on call rota?

- Answered: 13 Skipped: 0



# Q 7

- What is the best thing about working LTFT?

1 Able to complete housework, and arrange for child with chronic illnesses clinic follow up appointments on day off

2 It allows for more flexibility

3 Equally important: Spending time with my children, and enabling my husband to fulfil his more-than-full-time commitments without everything falling apart

4 Work life balance

5 Time to do other things Less tiring

6 More time to balance work and family commitments.

7 Having time to do other things

8 time for other commitments

9 can have time for other interests

10 Not doing that clinic and having to worry about what was being misdiagnosed or mismanaged under my name when I could not control clinic

11 ability to juggle more effectively

12 Having time in the week to sort every day things out

13 Having a day off with my adopted son



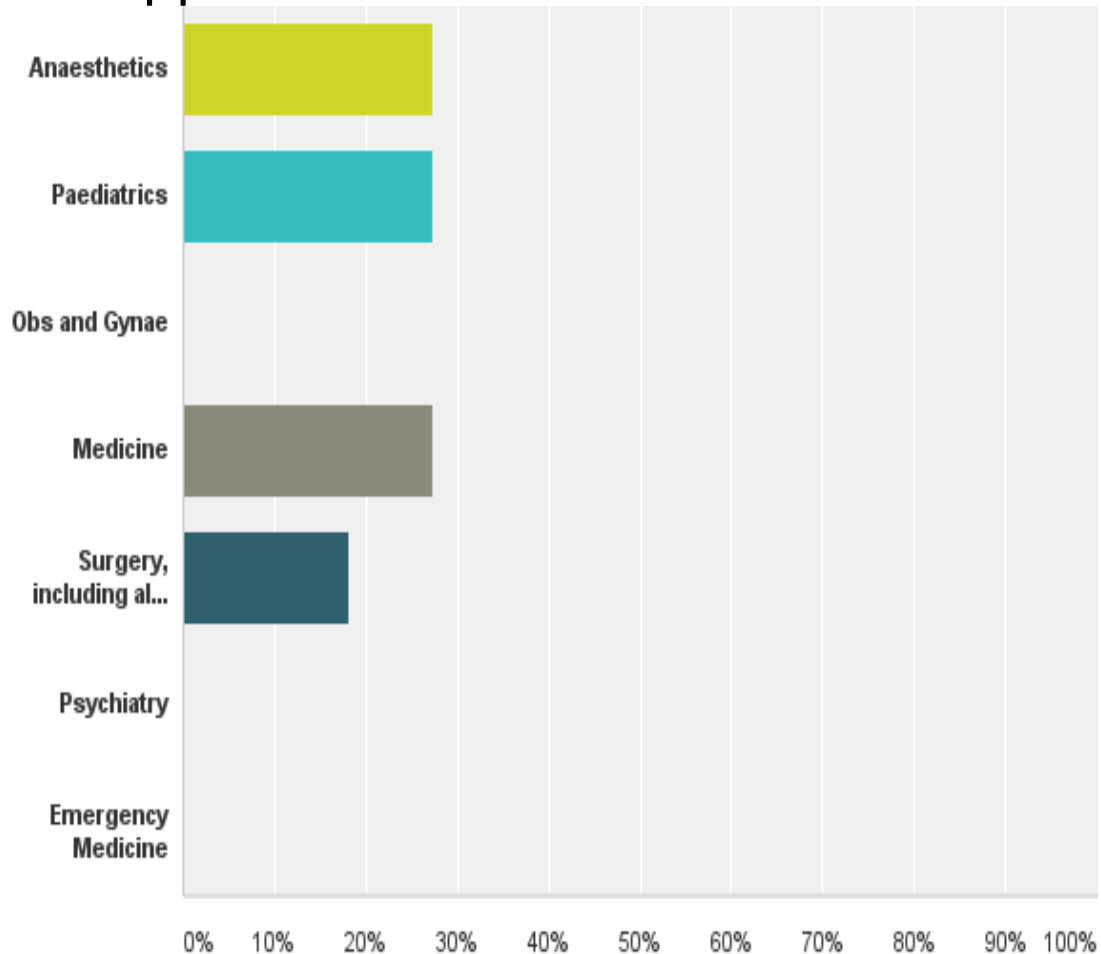
# Q 8

- What is the single worst thing about working LTFT?

- Managing workload in LTFT hours
- Dealing with paperwork and email after non working days
- Same on call as full timers
- Difficult to follow up difficult patients
- Coming to work in time off

# Q9: What is your specialty?

- Answered: 11 Skipped: 2



# Q 10

- Any comment you would like to make about LTFT working?
- harder to undertake other roles unless flexible about working days and patterns
- enjoy work more.
- Life is sooooo much more relaxxxed
- Its great

# My personal pros and cons

- Pros

Enjoy work

Shared childcare

Other interests

- Cons

- Fitting non theatre activity into job plan

- Colleague reaction

- Always in wrong place

- Fees and conferences

# Less than full time as a Consultant ?

