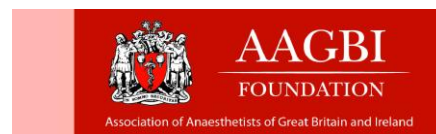


LTFT matters 2016

A joint meeting between the AAGBI and RCoA



The Royal College
of Anaesthetists

Thursday 26 May 2016

Organiser: Dr Emma Plunkett, Birmingham

Programme

09:30 **Registration & refreshments**

10:15 **Introduction**
Dr Susan Underwood, Bristol

10:20 **LTFT training: the state of play**
Dr Emma Plunkett, Birmingham

Potential challenges

10:30 **ICM training**
Dr Jacqueline McCarthy, Glasgow & Dr Victoria McCormack, Manchester

10:50 **LTFT as a consultant**
Dr Rebecca Micklewright, Wolverhampton

11:10 **LTFT and research**
Dr Annemarie Docherty, Edinburgh

11:30 **LTFT for health reasons**
Dr Roopa McCrossan, Newcastle upon Tyne

11:50 **Supporting ourselves and each other**
Drs Nancy Redfern & Kathryn Bell, Newcastle upon Tyne

12:50 **Lunch**

Possible solutions

13:40 **Contracts**
Dr Lucy-Jane Davis, Deputy Chair and LTFT Lead, BMA JDC

14:20 **Making the most of LTFT training**
Drs Surrah Leifer, Victoria McCormack & Emma Plunkett, GAT LTFT team

14:40 **Returning to work**
Dr Eleanor Lewis & Dr Elizabeth Boucher, Wales
Dr Jill Horn & Dr Maria Garside, Bradford

Food for thought

15:10 **Work life balance: My story**
Dr Danny Bryden, Sheffield

15:45 **Discussion**

Learning objectives:

1. An understanding of what LTFT working involves (both as a junior doctor and a consultant) and how to get the most out of it.
2. An appreciation of the current potential challenges working LTFT in anaesthesia and intensive care including:
 - a. Working LTFT for health reasons
 - b. LTFT working and research
 - c. Returning to work after a break
3. An understanding of how proposed contract changes for both junior doctors and consultants might impact on those working LTFT.
4. What we can do to support doctors working LTFT.
5. An opportunity for networking and open discussion of issues to foster development of a supportive community of doctors working LTFT.

GMC domains covered:

- 1.1 Maintaining professional performance
- 2.3 Protect patients and colleagues from any risk posed by your health
- 3.2 Work constructively with colleagues
- 4.2 Treat patients and colleagues fairly and without discrimination

RCOA CPD matrix areas covered:

- 1H02: Personal education and learning
- 3J02: Education and training