



Medical hypnosis

Monday 04 February 2019

Location: 21 Portland Place, London, W1B 1PY

Organisers: Dr Jane Boissiere, British Society of Clinical and Academic Hypnosis (BSCAH)

09:00	Registration
09:25	Introduction
09:30	Hypnosis and communication for the anaesthetist Dr Allan Cyna, Adelaide, Australia
10:15	How to induce a simple hypnotic trance and generate imagery. Mrs Jean Rogerson, Associate Lecturer (BSCAH), Birmingham
11:00	Tea & coffee
11:30	Further practice
12:00	Key skills for anaesthetists: history taking and rapport building, needle phobia management Dr Ann Williamson, Manchester & Dr Paul Slater, Northampton
13:00	Lunch
14:00	Hypnosis for pain management Dr Caron Moores, Liverpool
14:30	Hypnosis in paediatrics and obstetrics Dr Allan Cyna, Adelaide, Australia
15:15	Tea & coffee
15:30	Starting out in hypnosis Dr Simon Tunstill, Reading
16:00	Questions and feedback

Depart

Learning Objectives

- To experience and induce a light hypnotic trance [3A07](#)
- Basic understanding of modern definition and theories of hypnosis [2A10](#), [2A12](#)
- Consider the structure of hypnotic language and ways to incorporate it into daily practice [2A10](#), [2A12](#)
- An awareness of the potential applications of hypnosis in anaesthetic practice, including anxiety management, pain, obstetrics, paediatrics, phobias [2B01](#), [2D05](#), [2D06](#), [2E01](#), [1D02](#), [2B01](#), [3I00](#)

This seminar covers **Domain 3: Communication, partnership & teamwork**

In association with the BSCAH

